## Lane Assisted Driving Matthew 6:9-13

Teach Us How To Pray...

Adoration (Psalm 66:1-4)

Confession (Psalm 51:1-5)

Thanksgiving (Psalm 107:1-2)

Supplication (Philippians 2:3-4)

Blessing (Numbers 6:24-26)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. - Philippians 4:6-7 (NLT)

### **Life Group Discussion**

#### Ice Breaker

- Show "Meet the Parents" scene about prayer (https://youtu.be/0DINF\_ukr0I).
- Have you ever been asked to pray in public? How does that make you feel?

### **Digging In**

- Do you find prayer easy? Hard? Why?
- What is the weirdest thing you have ever prayed for? Why?
- Do you ask others to pray for you? Why or why not?
- Do others ask you to pray for them? Do you?
- Have you ever used this ACTS "formula" to help guide your prayers?
- What are some things you are currently praying for?

# **Making It Personal**

- When can you take 5 minutes in your day to pray?
- Can you write down what you are praying for?
- Is there anything big that you are asking God for?