Life Hacks: Creating Order in Your Private World

Proverbs 4:20-27

Life Hack = any trick, shortcut, skill, or novelty method that increases productivity & efficiency, in all walks of life.

"Above all else, **guard your heart**, <u>for everything you do flows from it</u>."

Proverbs 4:23, NIV

"Heart" - the entire internal life of a person; it is the religious center of a person, which orients our mind, will, & emotions

"As a face is reflected in water, so the heart reflects the real person."

Proverbs 27:19, NIV

Life Group Discussion

Ice Breaker

- What are your goals for 2021?
- Is there anything you need to quit?

Digging In

- Why do you want to achieve your goals?
- How will your life be different?
- If you quit something, what will it allow you to experience?
- How are you going to ensure that you reach your goals?

Making it personal

- How are you doing spiritually?
- How are you doing relationally?